

Are you interested in preventing diabetes?

The research team led by Dr. Lu Hu at NYU Langone Health is conducting a study to understand whether an evidence-based diabetes education program can help Chinese Immigrants prevent type diabetes. Are you interested in learning more about preventing diabetes?



If you:

- ✓ Are a Chinese Immigrant between **18-70** years old
- ✓ Are interested in **losing weight**
- ✓ Are interested in learning **diabetes prevention** (e.g., have a family history of diabetes)

You may be eligible to participate. Please call Dr. Lu Hu at (347) 380-2416 or scan the QR code.



*You will have the chance to receive brief diabetes prevention education videos and fresh and culturally appropriate fresh produce from a community farm. You will finish a brief survey with the study team at the beginning of the program, 3 months, and 6 months later. If you complete all study procedures, you will receive **\$75** gift cards.*

